



WERRINGTON PUBLIC SCHOOL

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5th September 2022

STAGE 3 CANBERRA CAMP 2022 **INFORMATION PACK**

Dear parents/carers,

Our Stage 3 camp to Canberra is fast approaching and preparations are well underway! Please read the following information carefully.

Attached to this note is an itinerary, requirement list, medical note and a dietary requirement note. Could you please return the medical note and dietary requirement note as soon as possible, so that room arrangements and medical and dietary needs can be organised.

We will be departing at **6:30am** on **Wednesday 26th October** and returning to school on **Friday 28th October**. Students will need to be at school by **6:00am** and dressed in their full school uniform. Students are only required to wear their full school uniform on the first day, as this is the required attire for our visit to Parliament House. Please arrive to school promptly at **6:00am** to ensure we have sufficient time to mark rolls, pack the coach and ensure all medical supplies are packed. We aim to be back at Werrington PS by **6:15pm** on **Friday 28th October**, depending on circumstances and traffic. We will be posting regular updates on our school Facebook page to keep parents informed of our arrival time. Please ensure that a parent or carer will be there to pick your child up from school as we will not allow students to walk home at this time of night.

Our accommodation will be at **Leumeah Lodge, 48 O'Hanlon Place, Nicholls ACT 2913**.

A friendly reminder that final camp payments are due by: **Monday 3rd October 2022**.

We will be holding a Canberra Camp information session on **Wednesday 12th October 2022** at approximately **3:15pm in our school hall**. During this session, we aim to go through the itinerary and outline important information regarding our Canberra Camp excursion. This session will also allow parents to ask teachers about any questions they may have and to inform us of important information that they might like us to be aware of regarding their child.

Kind regards,

Mrs E. Broadhurst

Stage 3 Assistant Principal



WERRINGTON PUBLIC SCHOOL

STAGE 3 CANBERRA CAMP 2022 - ITINERARY

COACH 1

Wednesday 26th OCTOBER		Thursday 27th OCTOBER		Friday 28th OCTOBER	
6:00am	Students arrive at school	7:00am	Breakfast	7:00am	Breakfast
6:10am	Packing bags onto bus	8:30am	Depart Accommodation	9:00am	Check Out Accommodation
6:30am	Depart Werrington Public School	9:00am	Siev X Memorial	10:00am	Royal Australian Mint: Guided Tour
8:30am	Marulan 30 minutes Comfort Stop	10:00am	National Gallery of Australia: Stories of Australian Art	11:00am	Morning Tea (Provided): Mint Oval
10:30am	National Arboretum Canberra: Orienteering	11:00am	Morning Tea (Provided): National Gallery Sculpture Gardens	12:00pm	The National Museum of Australia: Meet the People Program
11:30am	Parliament: Security Screening	12:00pm	Canberra Glassworks: Hands on Glass Experience	1:00pm	Lunch (Provided): Gardens at National Museum of Australia
12:00pm	Parliament House: Guided Tour	1:30pm	Lunch (Provided): National Rose Garden	2:00pm	National Electoral Education Centre: House of Representatives
1:00pm	Lunch: Remembrance Park	3:00pm	High Court of Australia: Guided Tour	3:30pm	Afternoon Tea: Meet with Group 2 at Old Parliament House
2:00pm	Australian War Memorial	6:00pm	Dinner: Leumeah Lodge	3:45pm	Depart Canberra for return journey to school
3:30pm	Mount Ainslie: Lookout			5:00pm	Mid Journey Comfort Stop
4:15 pm	Embassy Drive: Drive by Tour			6:15pm	Approximate arrival to Werrington Public School
5:00pm	Questacon: Q By Night				
7:00pm	Dinner: Questacon Atomic Cafe				
8:15pm	Leumeah Lodge				



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STAGE 3 CANBERRA CAMP 2022 - ITINERARY

COACH 2

Wednesday 26th OCTOBER		Thursday 27th OCTOBER		Friday 28th OCTOBER	
6:00am	Students arrive at school	7:00am	Breakfast	7:00am	Breakfast
6:10am	Packing bags onto bus	8:30am	Depart Accommodation	9:00am	Check Out Accommodation
6:30am	Depart Werrington Public School	9:00am	Siev X Memorial	10:00am	National Gallery of Australia: Stories of Australian Art
8:30am	Marulan: 30 minutes Comfort Stop	10:00am	High Court of Australia: Tour	11:30am	National Electoral Education Centre: House of Representatives
10:30am	Mount Aislie: Lookout	11:00am	Morning Tea (Provided): Mint Oval	12:00pm	Lunch (Provided): Gardens at National Museum of Australia
11:00am	Embassy Drive: Drive by Tour	12:00pm	Royal Australian Mint: Guided Tour	2:00pm	The National Museum of Australia: Meet the People Program
11:30am	Parliament House: Security Screening	1:30pm	Lunch (Provided): Mint Oval	3:00pm	Afternoon Tea (Provided): Meet with Group 1 at Old Parliament House
12:00pm	Parliament House: Guided Tour	2:00pm	Canberra Glassworks: Hands on Glass Experience	3:45pm	Depart Canberra for return journey to school
1:00pm	Lunch: Remembrance Park	6:00pm	Dinner: Leumeah Lodge	4:30pm	Mid Journey Comfort Stop
3:30pm	Mount Ainslie: Lookout			6:15pm	Approximate arrival to Werrington Public School
2:00pm	Australian War Memorial				
3:30pm	National Arboretum Canberra: Orienteering				
5:00pm	Questacon: Q by Night				
7:00pm	Dinner: Questacon Atomic Cafe				
8:15pm	Leumeah Lodge				



WERRINGTON PUBLIC SCHOOL
STAGE 3 CANBERRA CAMP 2022 – PACKING LIST
Wednesday 26th October – Friday 28th October

Students will need to be dressed in their full school uniform on the first day. Students are only required to wear their full school uniform on the first day, as this is the required attire for our visit to Parliament House. On the first day, please bring a backpack that the students can use to carry their morning tea, lunch and drink bottles. **Please note:** Although we will be departing in late October, Canberra continues to be quite cold during this time. Please ensure a variety of clothing is packed, including warm clothes. **All clothing must be free of inappropriate slogans or logos and must be sun safe (no sleeveless shirts or singlets).** Please ensure bags/ luggage and all items packed are labelled clearly with your child's name.

- A large bag to pack all items and a backpack for the first day
- Packed recess for Day 1
- Packed lunch for Day 1
- Packed afternoon tea snacks for Day 1
- Water Bottle (labelled) – Can be refilled during the trip
- School uniform for Day 1 (Parliament House) – including school jumper/jacket
- School hat for Day 1
- 2 pairs of comfortable enclosed shoes (joggers are fine)
- 3 pairs of bottoms (jeans, shorts, tracksuit pants)
- 4 pairs of tops (t-shirts, long sleeve shirts)
- 2 sloppy joes / jumpers or jacket
- Hat
- Underwear (enough for 3 days, 2 nights)
- Socks (enough for 3 days, 2 nights)
- Pyjamas
- Toiletries (toothbrush, toothpaste, roll-on deodorant, soap or body wash, shampoo, hairbrush)
- 2 plastic bags for dirty or wet clothes
- Linen, blankets and towels are provided by the motel, but if students have a preferred pillow to use, they are welcome to bring this.
- Water bottle
- A book (optional)
- Disposable camera (optional)
- Medications (All medication is to be clearly labelled with dosages and any other important information, then handed to Mrs Green on the morning of departure)
- Money for souvenirs – **No more than \$50.** Please place money in a small zip lock bag, labelled with your child's name on it

PLEASE DO NOT BRING: chewing gum, aerosol sprays, mobile phones and other electronic devices.



WERRINGTON PUBLIC SCHOOL

STAGE 3 CANBERRA CAMP 2022 – Medical Information Form

Please return this page to our school office as soon as possible

| NSW Department of Education



Medical information form

Dear parent/carer

Please complete the Medical information form in English if your child has any additional needs for the excursion detailed below. Please provide any relevant medical and/or dietary details in full and add another page if more space is required.

This form should be returned to the school with the consent form by the date shown below.

Information for completion by organising teacher

Name of student _____ Excursion destination Canberra

Excursion date/s From: 26th October 2022 To: 28th October 2022

Date for return of Medical information form as soon as possible, but no later than 21/10/22

Information for completion by parents/carers

Parent/carer contact details

Name of parent/carer _____

Address of parent/carer _____

Contact phone number/s Telephone 1 _____ Telephone 2 _____

Doctor contact details

Name of doctor _____

Address of doctor _____

Doctor's phone number/s Telephone 1 _____ Telephone 2 _____

Emergency alternative contact details

Name of emergency contact 1 _____ Telephone _____

Name of emergency contact 2 _____ Telephone _____



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STAGE 3 CANBERRA CAMP 2022 – Medical Information Form

Please return this page to our school office as soon as possible

List any medical conditions or illnesses for example asthma, diabetes, epilepsy, allergies and outline the treatment for each.

Outline any special dietary needs including possible reaction to inappropriate diet.

List any medication/s to be administered during the excursion. Include name of medication, instructions for administration, time of administration, and any possible reactions.

I understand that my child will receive medical treatment in the case of an emergency. I understand that when a medical practitioner has prescribed medication (including emergency medication for example insulin) that will need to be administered during the excursion, parents/carers are responsible for:

- bringing this need to the attention of the school
- ensuring that the information is updated if it changes
- supplying the medication and any necessary 'consumables' for example insulin syringes or EpiPens® for administration (any medication should be well within its expiry date and correctly labelled)
- collaborating with the school in working out arrangements for the supply and administration of the prescribed medication for the duration of the excursion.

Please note: for some excursions, the school will ask parents to supply the medication in a different way to what has been already been agreed to by school. For example, parents may be asked to supply an additional adrenaline autoinjector (EpiPen®).

Name of parent/carer (please print) _____

Signature of parent/carer _____

Date _____



WERRINGTON PUBLIC SCHOOL

STAGE 3 CANBERRA CAMP 2022 – Dietary Requirements Form

Please return this page to our school office as soon as possible

Student's Name: _____ Class: _____

Please tick any boxes that apply to your child and write any additional information that will assist us.

Life Threatening (Anaphylactic) Food Allergies:

Nuts	Eggs	Dairy	Seafood	Other – Please Specify	Can products labelled 'May Contain Traces' be given?

Other Dietary Requirements:

Gluten Free	Lactose Free	Dairy Free	Vegetarian	Halal	Other Dietary Requirements/ Comments – Please Specify

Please write any additional information that you think is important for us to know about your child e.g.:
If your child sleepwalks or if your child has habits or routines at bedtime that we should know.