



WERRINGTON PUBLIC SCHOOL

Armstein Crescent
PO Box 4100
WERRINGTON NSW 2747

Phone: 9623 7077

Fax: 9623 1339

Email: werrington-p.school@det.nsw.edu.au

4th April 2023

Dear Parents/Carers

Werrington Public School's Cross Country Carnival will be held on **Friday 28th April at the school**. This is a **compulsory school day** and all children are **expected to participate** in this school activity. Children are allowed to walk during the race. Please see your child's class teacher before the day if they have a medical condition that will not allow them to participate.

Students will walk the course with their class teacher prior to the day. On the day they will, participate in their race and watch the remainder of the age's races from the basketball court before returning to class. There is no cost for this activity.

Races will start shortly after 9.30am, Session One races will run as follows:

Kindergarten and Stage 1 Boys: 5/7 years 1000m (3 laps of short course)
Kindergarten and Stage 1 Girls: 5/7 years 1000m (3 laps of short course)
Junior Boys: 8/9-year-old boys 2000 m (3 laps)
Junior Girls: 8/9-year-old girls 2000 m (3 laps)
(Immediately followed by recess)

Session Two races will commence after recess. Session two races will run as follows:

10 Years Boys 2000 m (3 laps)
10 Years Girls 2000 m (3 laps)
11 Years Boys 3000 m (5 laps)
11 Years Girls 3000 m (5 laps)
Senior Boys: 12+ year old boys 3000 m (5 laps)
Senior Girls: 12+ year old girls 3000 m (5 laps)

It is anticipated that all races will be finished by 12:30 p.m. with races taking place in the school grounds.

The first 6 children to cross the finish line in each age division 8/9, 10, 11, 12/13 will represent the school at the Penrith PSSA Cross Country Carnival on Tuesday 16th May at Penrith Regatta Centre.

Dress for the carnival is school sports shorts, house coloured shirt or sports shirt and school hat. Children must wear running shoes and are not allowed to run barefoot or in socks.

Colours of the school houses are Marsden (blue), King (red), Lethbridge (green) and Parkes (yellow).

Please provide sufficient food and drink for your child. The school canteen will operate as normal on the day.

Parents are most welcome and encouraged to come along and support their children. All children are required to sit with their classroom teacher for the duration of the carnival.

Presentation of ribbons for ages 8/9, 10, 11, 12/13 will take place during the students next Stage Assembly. Students aged 5, 6 and 7 will receive certificates on the day.

Thank you for your co-operation.

Mr M Lewis
Carnival Organiser

Mrs C. Avery
Principal