

Stage 1
Term 3 Week 6
Learning from Home Pack

Stage 1 Continuity of Learning Plan: Term 3 Week 6

You will not need access to a digital device to complete all the following activities. You will need help from a parent/carer and the resource pack from your teacher. You will need pack one as it has sight words etc that will not be reprinted each week.

	Monday	Tuesday V	Vednesday Tr	nursday Fri	day
Task	Help fold the washing.	Make your own sandwich.	Tidy all your toys up in the living room.	Take morning tea outside and read a book in the fresh air.	Make your bed.
Google Classroom	Log in to Google Classroom to check in with your teacher, and answer the question of the day.	Log in to Google Classroom to check in with your teacher, and answer the question of the day.	Log in to Google Classroom to check in with your teacher, and answer the question of the day.	Log in to Google Classroom to check in with your teacher, and answer the question of the day.	Log in to Google Classroom to check in with your teacher, and answer the question of the day.
	English	English	English	English	English
Morning Spelling List	You can do them in any ord		plete over the week.	riday you will have a little boo	ok to read.
Year 1 because want bud sun held	You need to keep working practice writing them quie	ckly. If you can do that	on these words. hese words, you need to b or the last few weeks, or yo		
few flew grew chew newspaper Year 2 zero equals grip milk baby	Reading: Look at the cover of the Tiny seed and do the before and during activity. Access the Story 'The Tiny Seed' by Eric Carle https://www.youtube.com/watch?v=l A e6h-DhU	Reading: Re look at the Tiny Seed story. Complete the after questions. Compare the sunflower to your bean experiment, are they similar/different.	Reading: Look at the story of the Tiny Seed. Complete the sequencing activity and write a sentence to explain what is happening in each stage.	Reading: Look at the story of the Tiny Seed. Can you draw or paint a sunflower and label the parts.	Reading: Look at the story of the Tiny Seed. Now complete the sequencing activity for a sunflower. You can use the words from your labelled picture yesterday.

	Monday	Tuesday W	/ednesday Th	ursday Fı	iday
lady holly fairy happy family	Spelling choose an activity from	om the grid in week 1 pack and c	do your spelling words.		
Break	Break	Break	Break	Break	Break
Middle	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
	Complete Your Time Diary	Complete Your Time Diary	Complete Your Time Diary	Complete Your Time Diary	Complete Your Time Diary
	Do the counting on car scavenger hunt. You can do this from home or on a walk.	Go for a walk around your garden or local park. Make a list of the animals you see and use tally marks to count them. e.g. Dog III fly IIII etc Bird I	Complete the BBQ statistics worksheet. Make your own dice (template included), gather the data and then complete the worksheet with your answers.	Colour by numbers Addition and Subtraction worksheets. Please do at least 1 addition and 1 subtraction page.	
	Using the number cards, choose 1-2 of the number line activities.	Using the number cards, choose 1-2 of the number line activities.	Using the number cards, choose 1-2 of the number line activities.	Using the number cards, choose 1-2 of the number line activities.	Using the number cards, choose 1-2 of the number line activities.
Break 1:10 to 2:00	Break	Break	Break	Break	Break

	Monday -	Гuesday W	/ednesday Th	ursday Frid	day
Afternoon	PDHPE Who looks after us? Make a poster of all the people that can help you when you are unwell. Draw and label pictures or cut out pictures from a magazine. Don't forget to include people at school, at home and in the community. Music – Body percussion Try Everything by Shakira (Body Percussion) https://www.youtube.com/watch?v=64M44FYz5d4&list=PLLj9zcicoXcOif1A5TkIO-64pouQ66t5r&index=17 Do some Mindful breathing.	Science and Technology Bean Experiment 1. Check and draw your bean. 2. How big do you think it is in centimetres? If you don't have a ruler think of something it looks the same size as like a jelly bean/peanut/button/lolly. Growth and Change - this week we are looking at an animal life cycle. Have a look at the Kangaroo Life Cycle sheet and see if you can put information boxes and pictures in the correct order. https://www.youtube.com/watch?v=4s0Ewd3pG4	Creative Arts Do some Mindful breathing. Mr Squiggle Drawing Game - students will need a partner. Partner draws a squiggle, you draw another squiggle, work together to make a drawing. I wonder what you can all come up with!	History Complete the work sheet on toys from the past that we still use today. How has it changed?	PDHPE Complete some fitness activities from the new grid included. Do some Mindful breathing.
Google Classroom	Log in to Google classroom. Check out with your teacher	Log in to Google classroom. Check out with your teacher	Log in to Google classroom. Check out with your teacher	Log in to Google classroom. Check out with your teacher	Log in to Google classroom. Check out with your teacher

Access the Story 'The Tiny Seed' by Eric Carle

https://www.youtube.com/watch?v=I_A_e6h-DhU



SYNOPSIS

The Tiny Seed is a story about the life cycle of a seed. The story begins in autumn and focuses on the journey of the seeds which have been dispersed in the wind. The tiny seed survives by moving slower than the others, until eventually it is the only seed remaining in the garden and has flourished into a tall plant.

Before reading:

This book will show you how a seed can become a flower. Prompt a discussion by posing a question about the book cover. I wonder if the tiny seed will become a flower like this one.

During reading

During the read aloud, stop the video and make predictions. Encourage the children to comment on the illustrations, ask questions, and predict what will happen next in the story.

After reading

Discuss the story. Ask questions...

- How many of you have been to the mountains? Were there plants growing on the mountain?
- A seed like this one cannot grow in the ocean. Do you know why?
- Seeds like this one cannot grow in the desert either. What kind of plants do grow in the desert?
- How does the snow on the ground help protect the seeds?
- Have you ever picked a flower from the ground? Who was the flower for?

Reading Response

Sequencing activity – Students cut and paste the seed life cycle. Write about what is happening.

Writing

Use the information from the book and other researched information to describe each stage of a sunflower lifecycle.

Art

Create a sunflower artwork using a fork instead of a brush to spread the paint for the petals or draw your own sunflowers.

Alternatively, you can watch ArtHub for kids: How to draw a Sunflower on Youtube and create your own animated sunflower. https://www.youtube.com/watch?v=i_pQWFkZJrc



Date	Name
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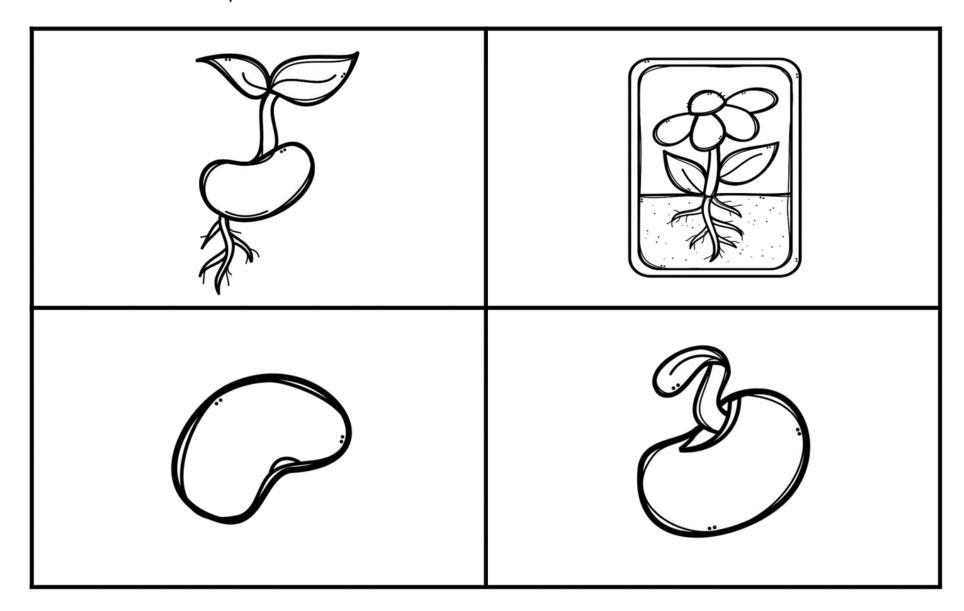
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The Life Cycle of a Sunflower

Describe each stage of a sunflower life cycle.

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Directions: Cut and paste the seed in the correct order.



Number Line Activities

Place your numbers in order from 1-60	Place your numbers backwards from 50-1	Colour in your even numbers one colour and your odd numbers another colour	With a partner, you each turn over two cards and the highest total wins.
Order your numbers counting by 2s	Order your numbers counting by 5s	Line small objects alongside the numbers 1-20 e.g.	Place your numbers in order and hop or jump along the number line. As you land next to each number call it out.
Make another set of numbers 1- 120 on scrap paper and play memory match	Lay your numbers out on the floor and toss a ball at them. Call out the number the ball lands on.	Number race: scatter the numbers on the floor. Starting at number 1 race to find number 2 then 3 etc. Try and beat your time each time you play!	Stomp: Someone calls out a number and you need to jump on that number card.
Make a pile of your number cards (not in order) and turn the cards over one by one then using your finger write that number in flour, sugar sand etc	Friends of 10, 20, 40 etc. Pickup one card from your pile and find its friend of 10, 20 or 40 as quickly as possible.	Make a number line and have someone cover up 2 or 3 of the cards. Try and figure out which numbers are covered.	Lay out numbers 1-12. Roll two dice. If you roll a 2 and a 3, remove the card that says 5. If you roll a 6 and a 6 remove the 12 etc.

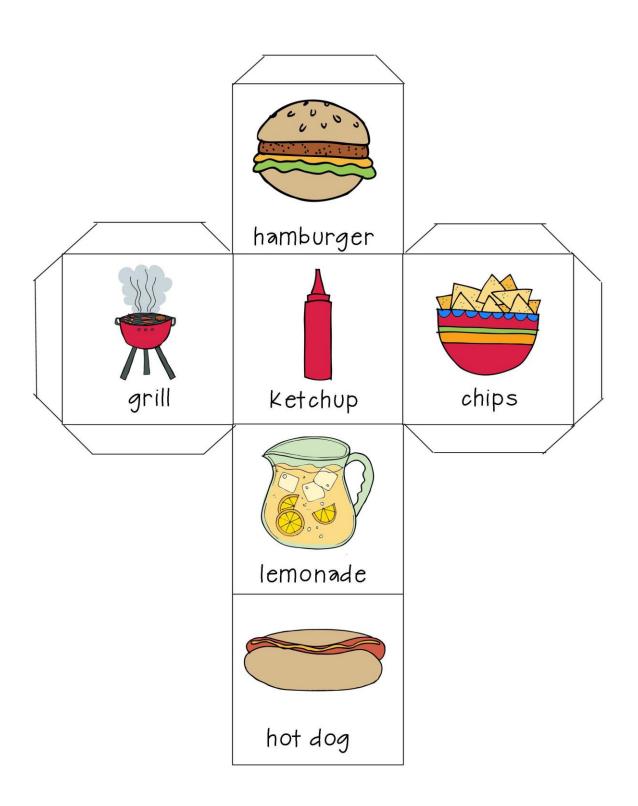
BBQ Roll it

Roll the dice 25 times.	Color in one box above the
picture each time that p	picture is rolled.

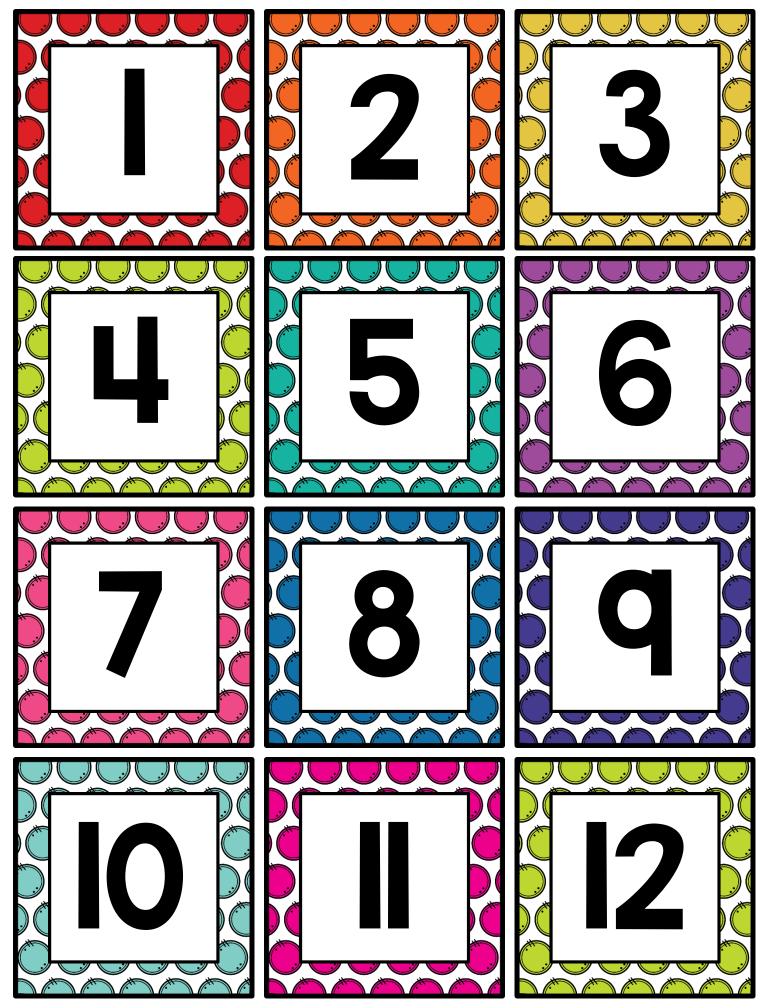
Prediction: I think I will roll______the most.

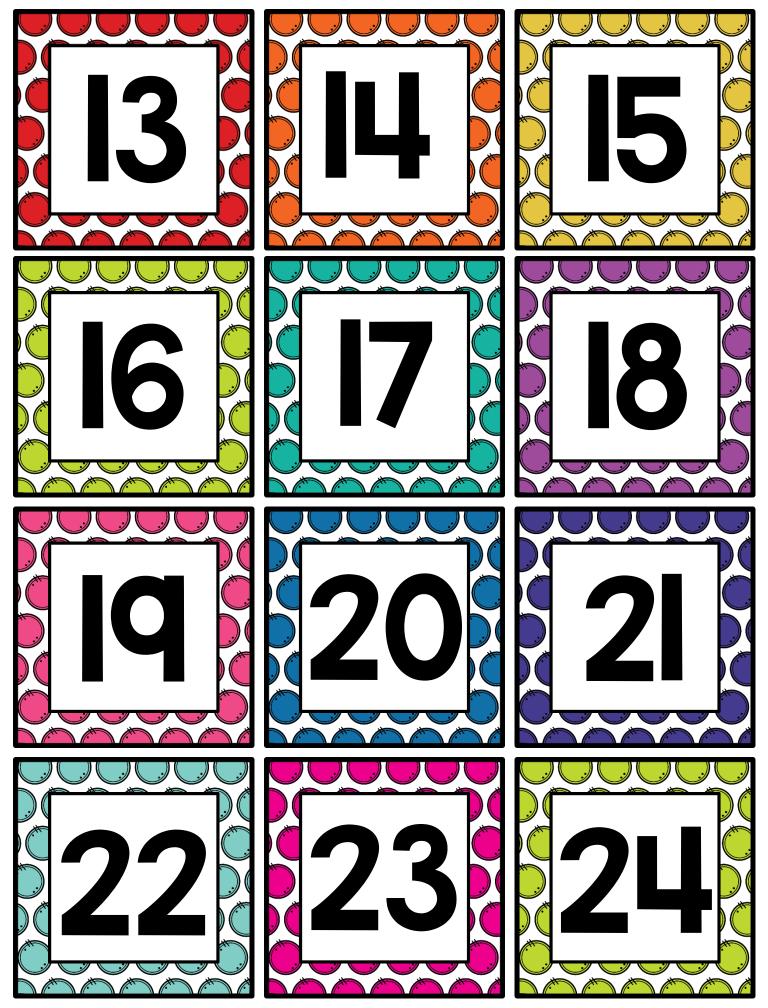
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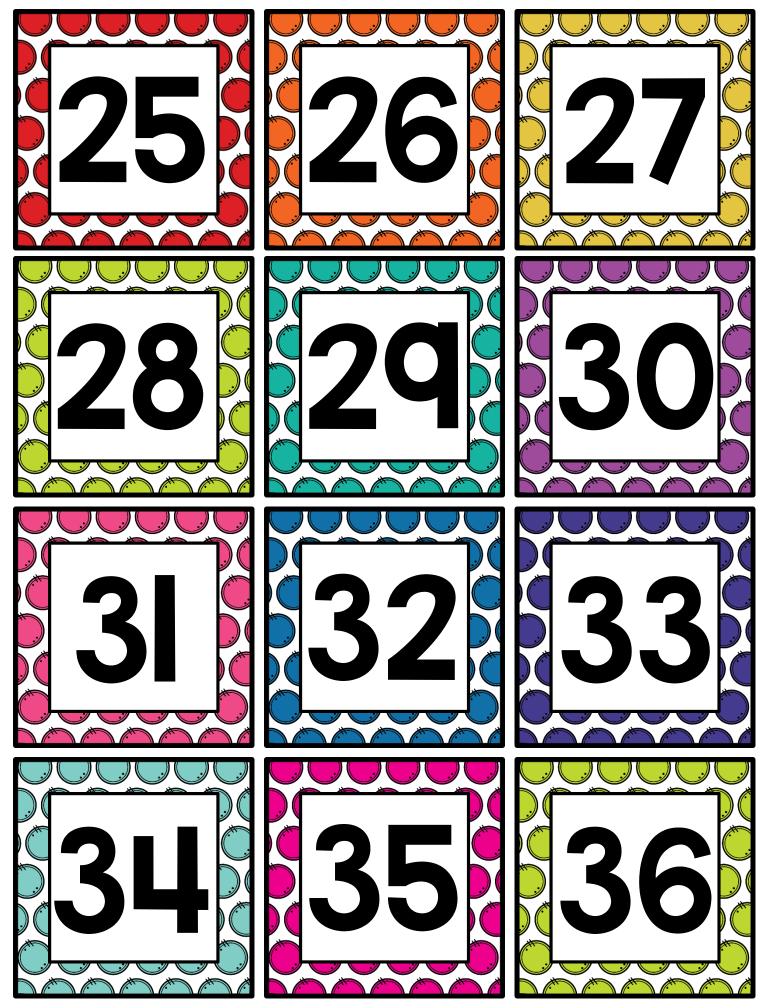
0	Name	· (
0	Use your graph to answer the following questions.					
000	Which picture do you roll the <u>most</u> of?	」(- (
ŏ	Which picture did you roll the <u>least</u> of?	- (
0	Circle the ones that you had the <u>same</u> amount of:	Ò				
000000000000000000000000000000000000000		(
ŏ	Add up your data.					
000	+ = =					
0000	+ = =					
ŏ	Use <, >, or =					
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0000000000	Write a sentence about your data.					
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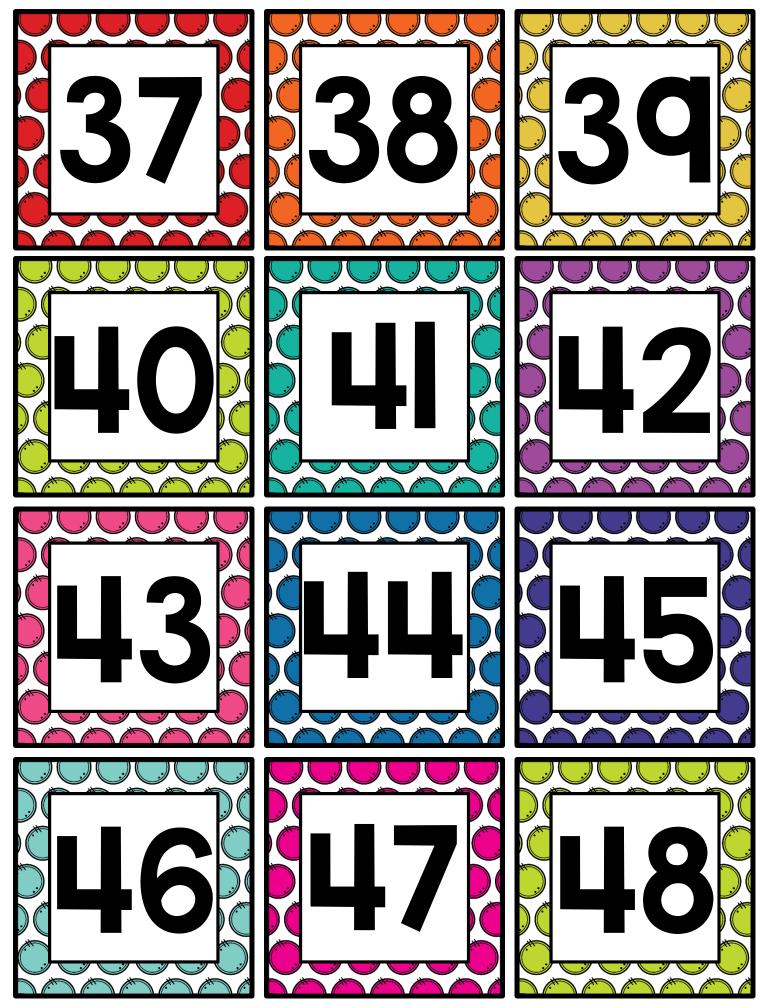


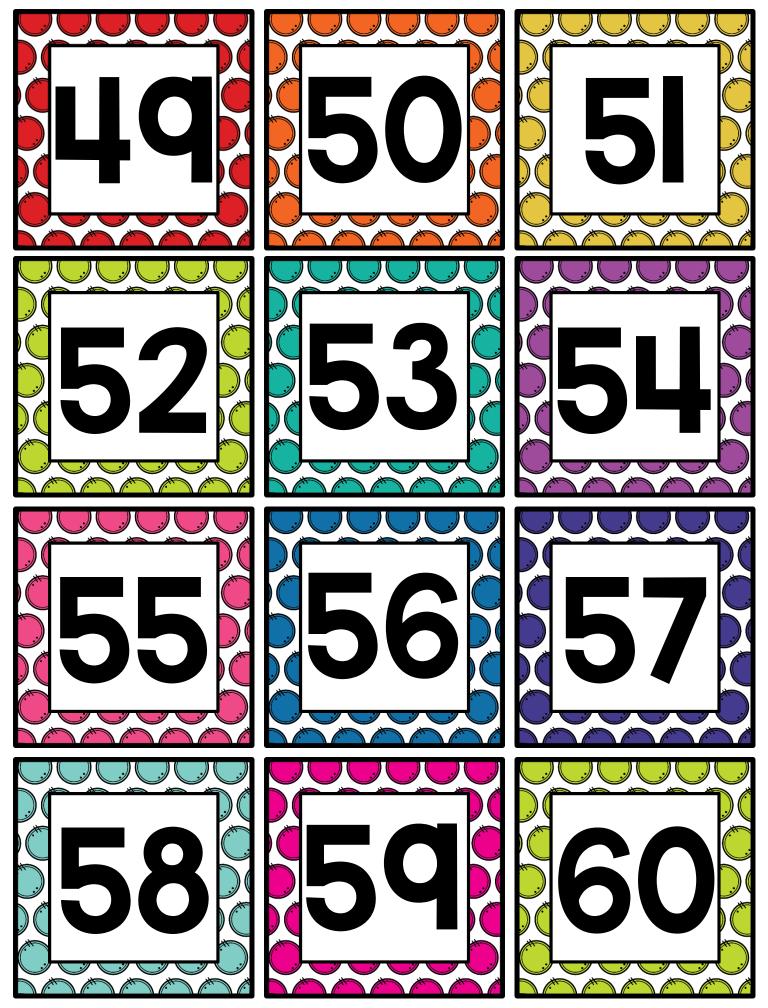
http://www.fantasticfirstgradefroggies.com

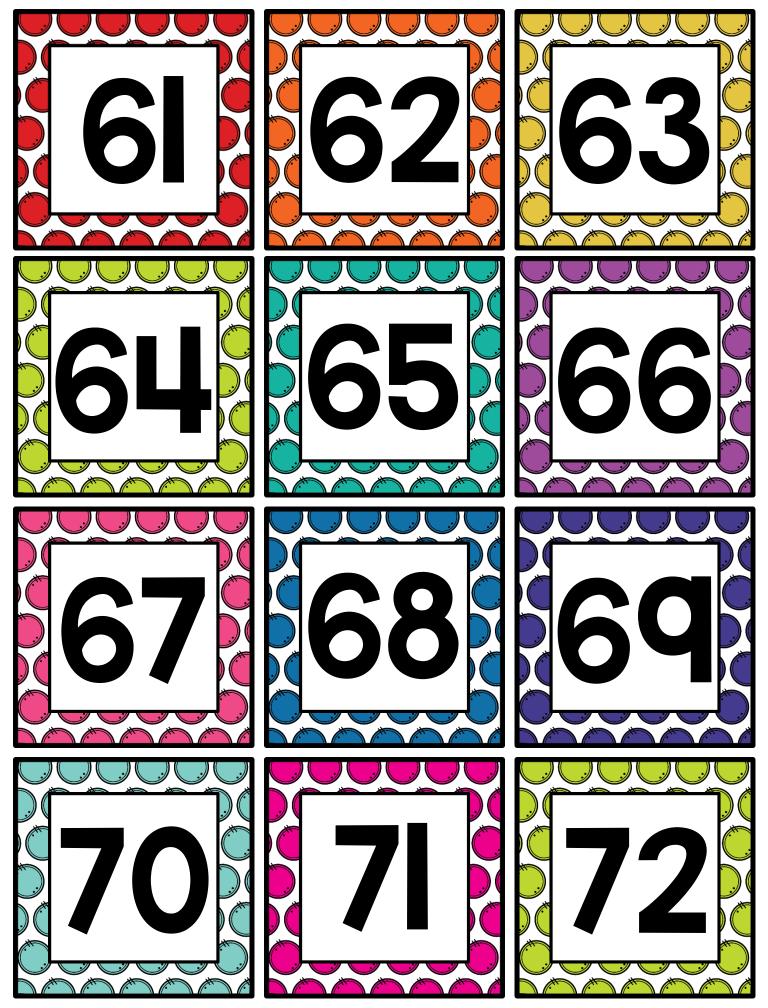


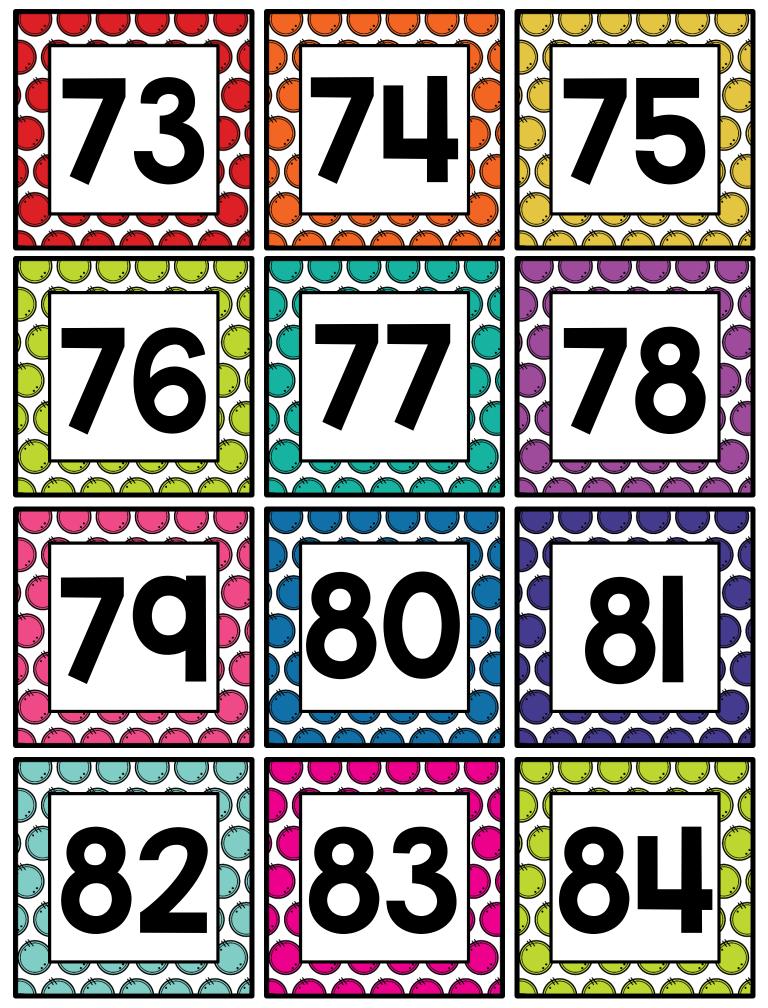


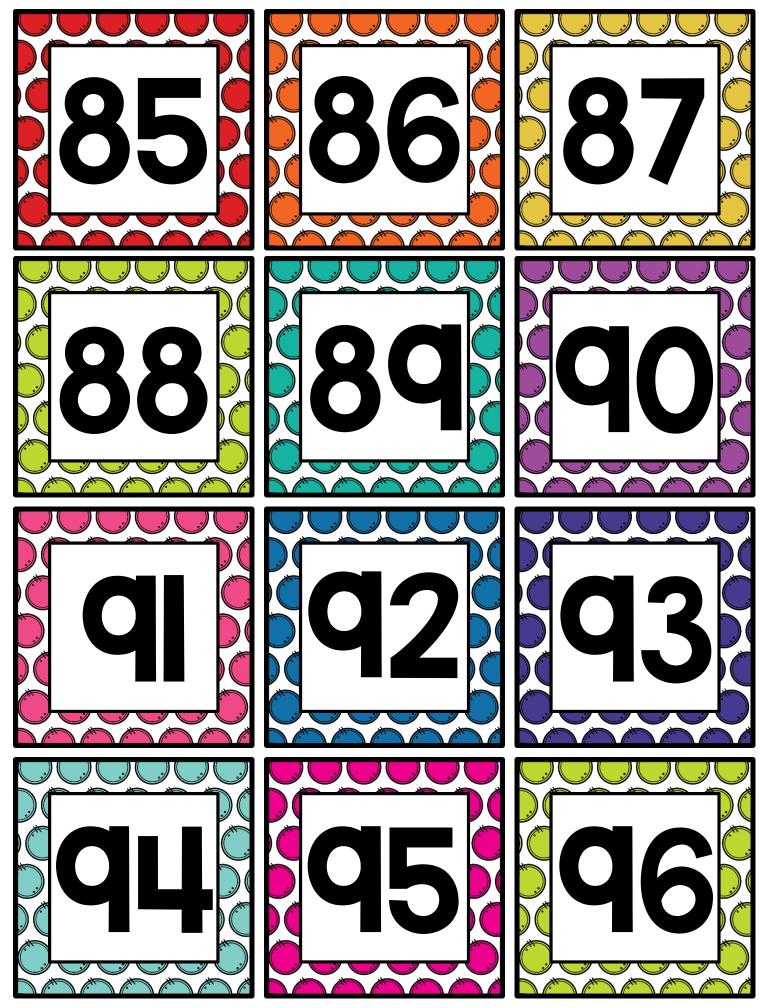


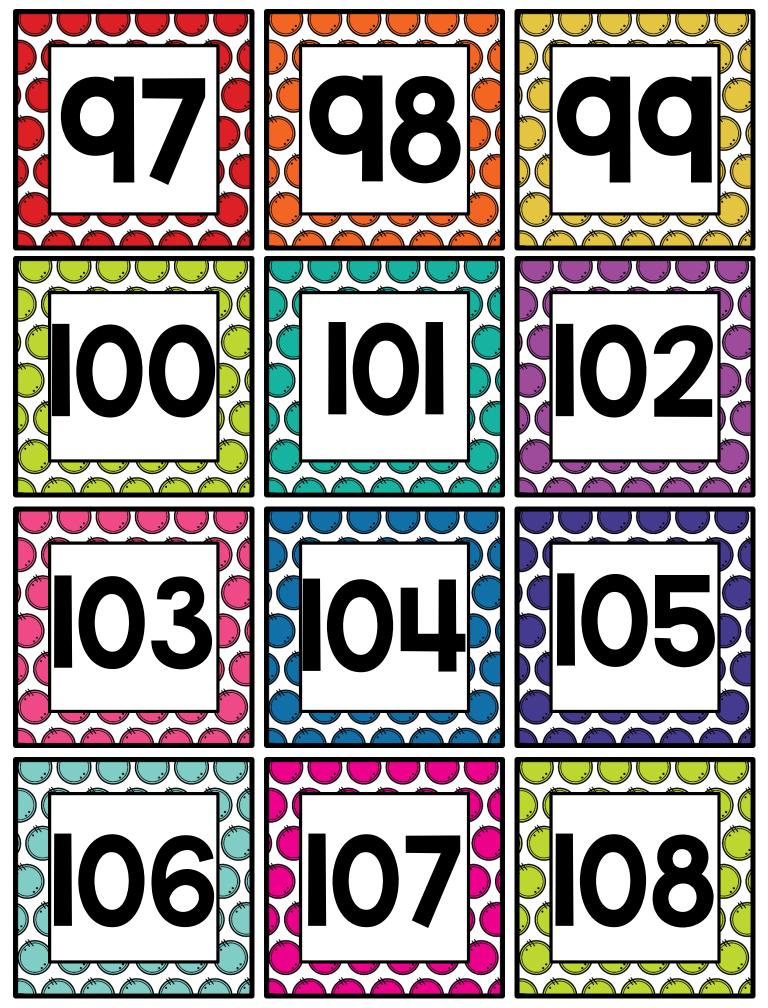


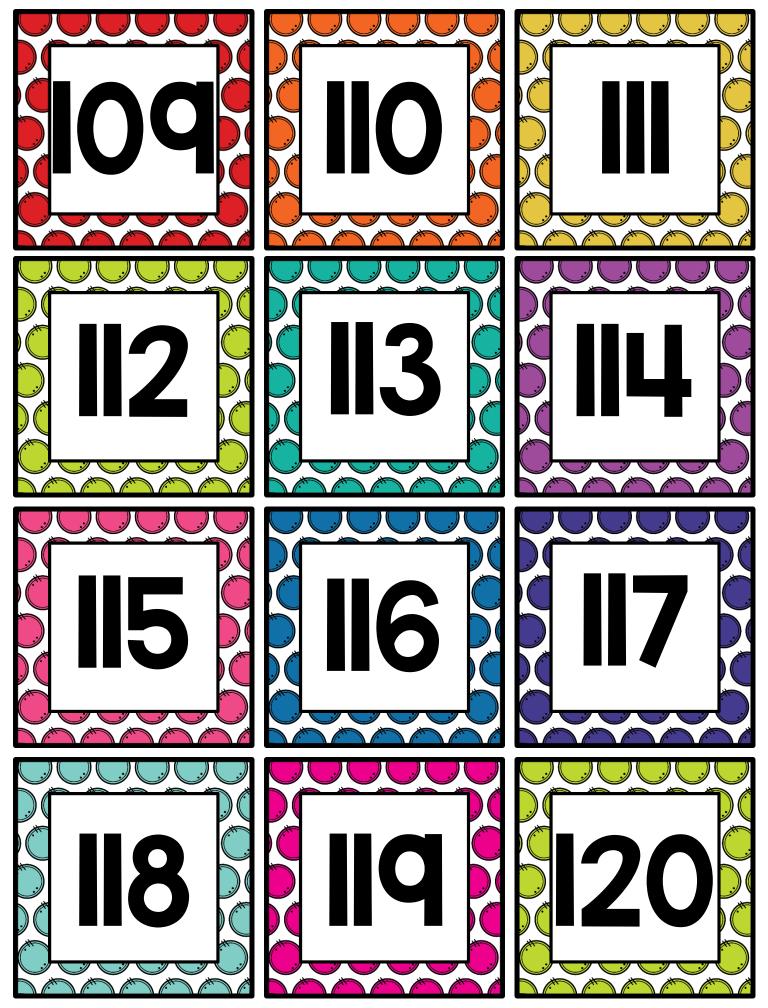


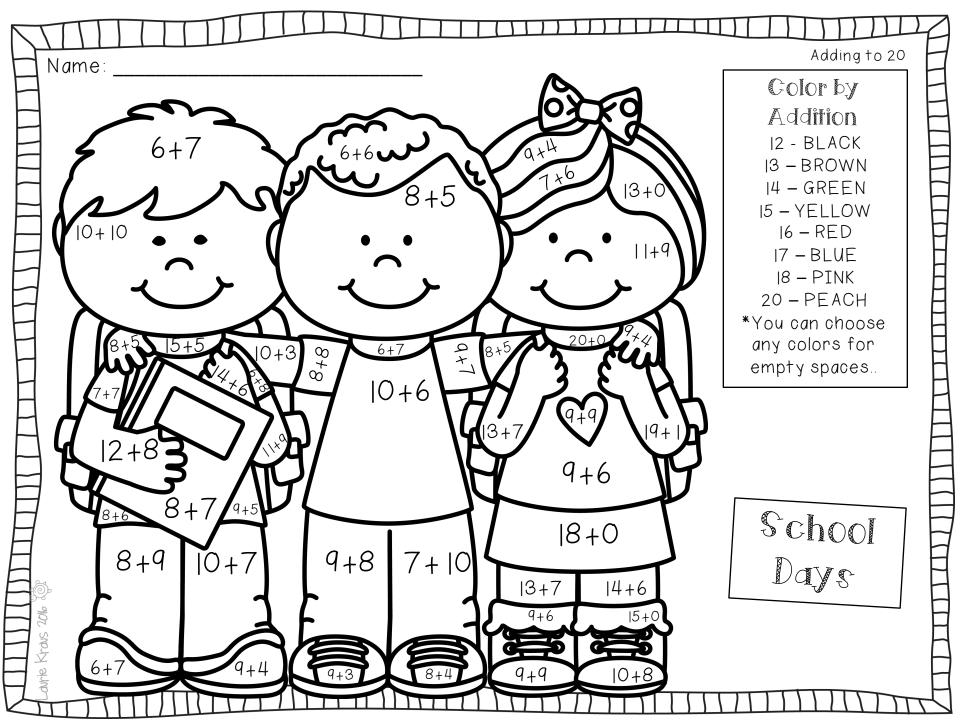


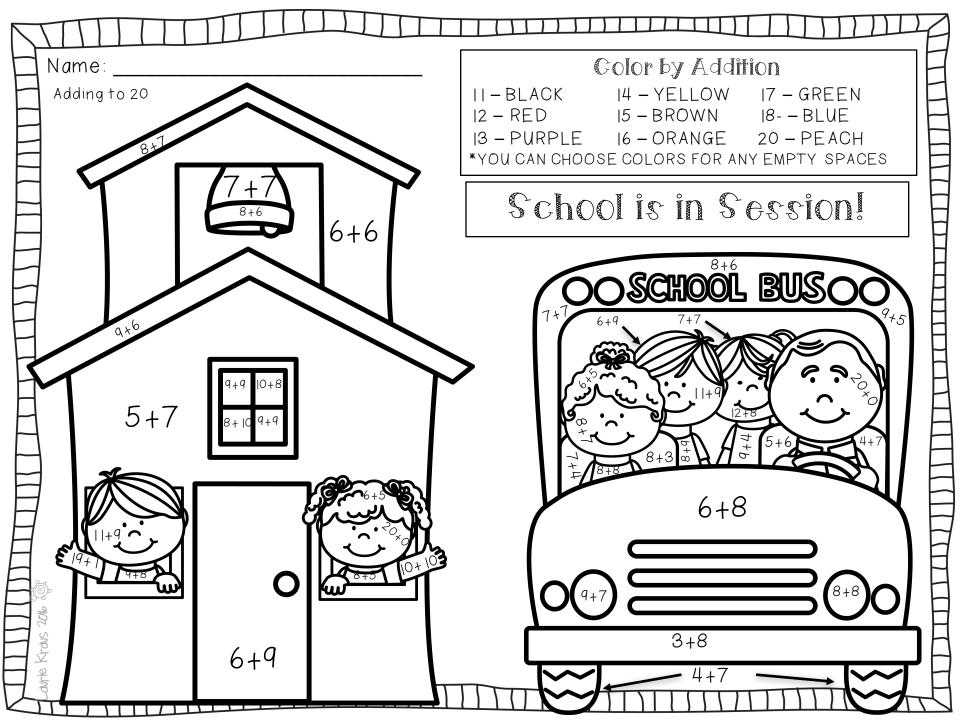


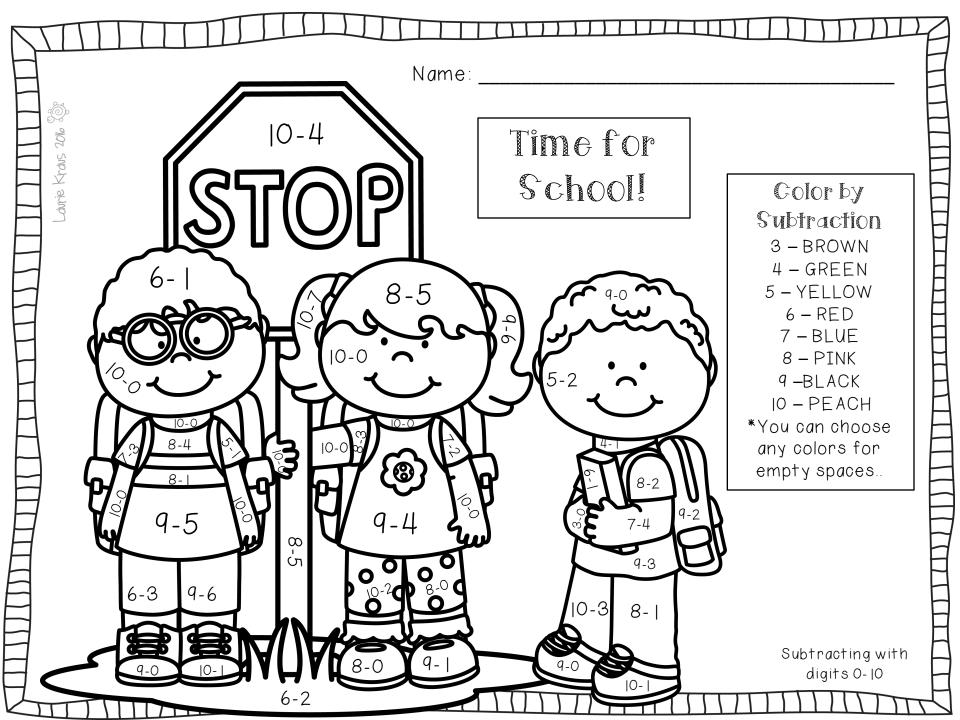


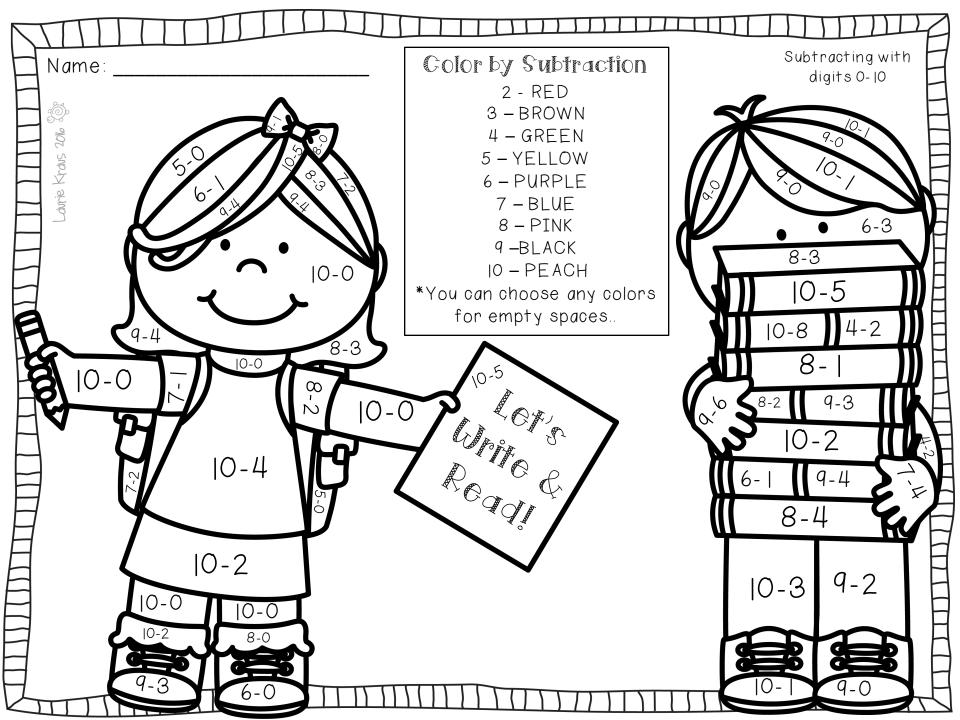


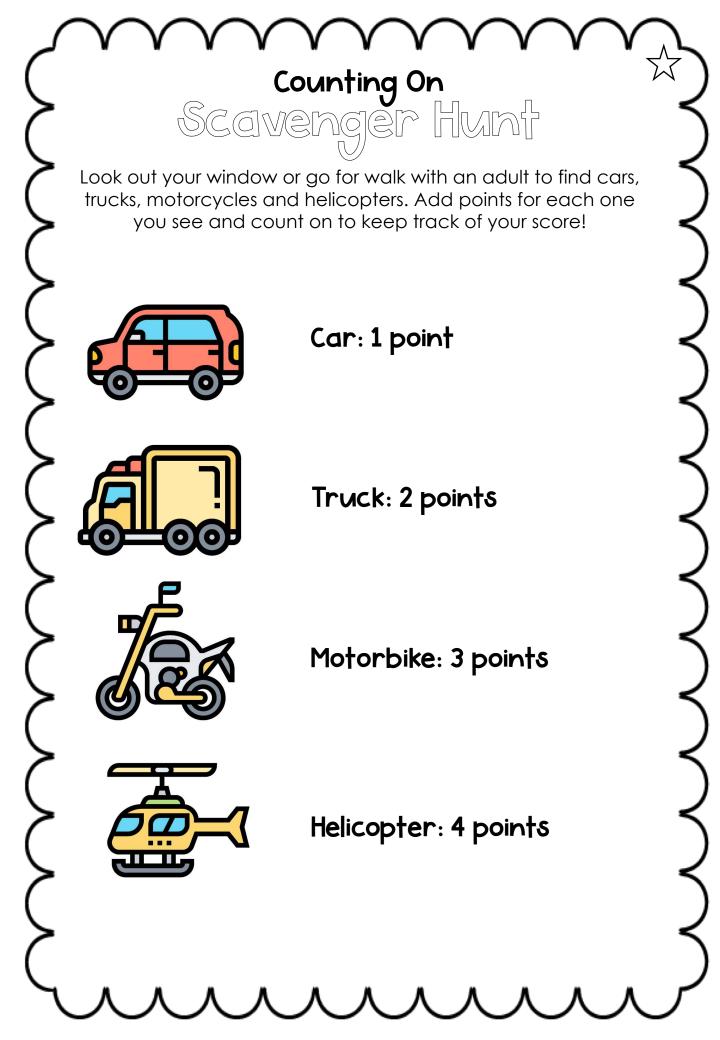


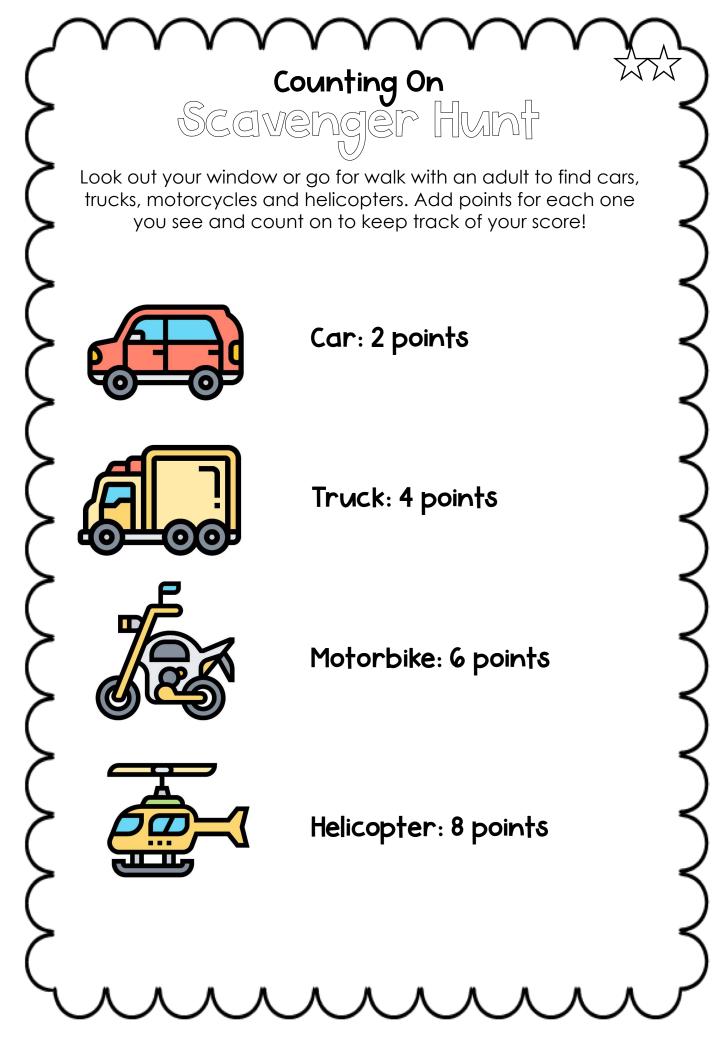


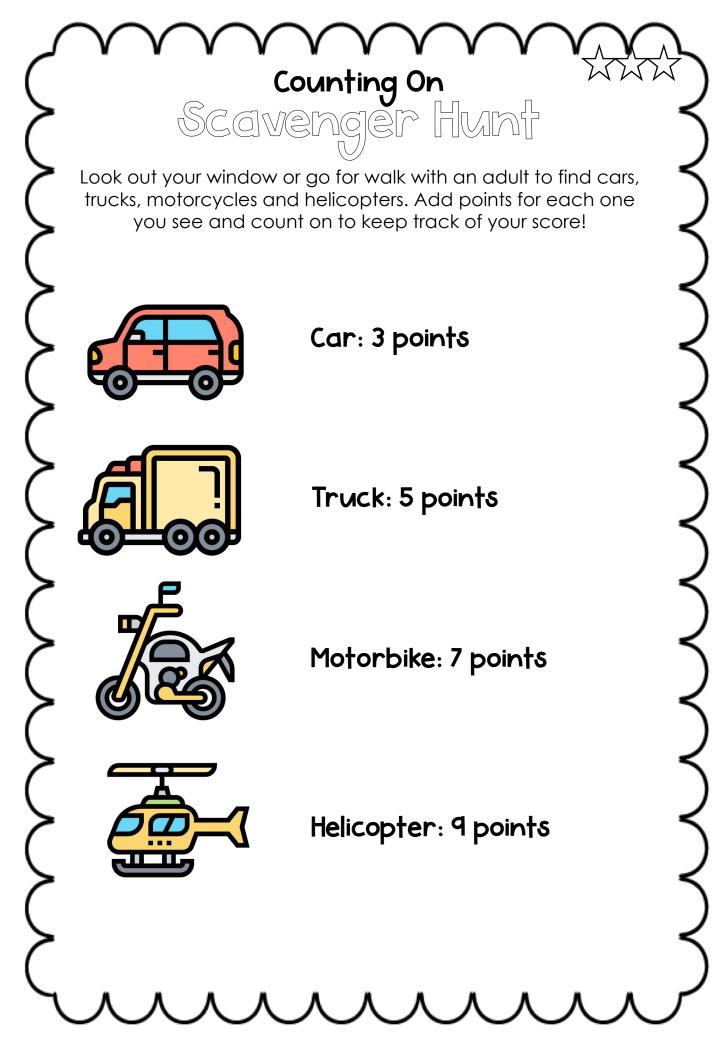






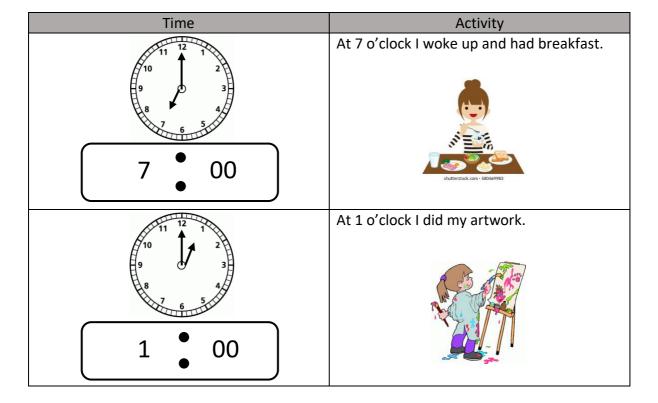






Record your activities every day this week. You can write the time on the analogue clock and the digital clock. Then write and/or draw what you did at that time.

Below is an example:



Time	Activity
9 O 3 8 4 7 6 5 — — —	
9 0 3 8 4 7 6 5	
9 0 3 8 4 8 7 6 5 10 2	
9 O 3 8 4 7 6 5	

Time	Activity
9 O 3 8 4 7 6 5 — — —	
9 0 3 8 4 7 6 5	
9 0 3 8 4 8 7 6 5 10 2	
9 O 3 8 4 7 6 5	

Time	Activity
9 O 3 8 4 7 6 5 — — —	
9 0 3 8 4 7 6 5	
9 0 3 8 4 8 7 6 5 10 2	
9 O 3 8 4 7 6 5	

Time	Activity
9 O 3 8 4 7 6 5 — — —	
9 0 3 8 4 7 6 5	
9 0 3 8 4 8 7 6 5 10 2	
9 O 3 8 4 7 6 5	

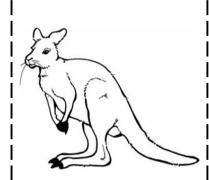
Time	Activity
9 O 3 8 4 7 6 5 — — —	
9 0 3 8 4 7 6 5	
9 0 3 8 4 8 7 6 5 10 2	
9 O 3 8 4 7 6 5	



Kangaroo Life Gycle

Paste the information boxes in the correct order with the matching picture to show the life cycle of a kangaroo.

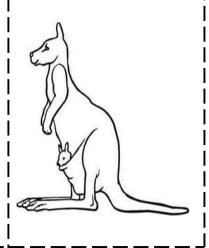
The joey climbs up the mother's stomach and into her pouch. It grabs onto a teet to feed on until it grows big and strong.



Kangaroos are 2 years old when they become adults.



The joey begins to come out of the pouch at 8 months of age. It will use its long tail to help balance. Joeys still live inside their mother's pouch until they reach about 18 months of age.





Kangaroos take only 38 days to give birth to their young. They are only 2.5cm long and weigh less than 2 grams when they are born. They are called joeys.

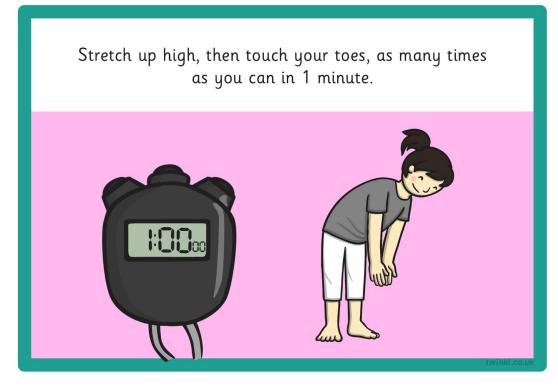
Comparing Toys — Worksheet						
Name	e	Date				
	Comparing Toys - From Past to Present					
	Think of a toy from the past we still have today. Draw what it looked like then and what it looks like now.					
	Explain to a partner how the toy has changed over time.					
	Then	Now				

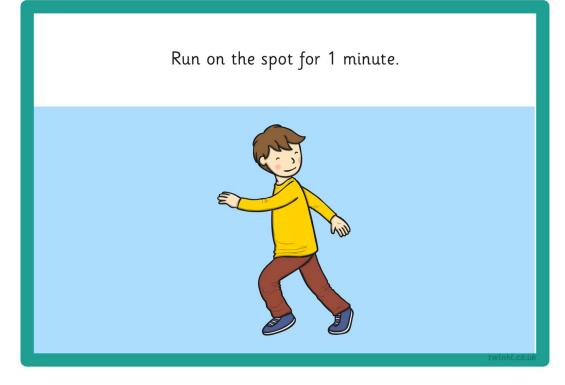
TERM 3 – Stage One Physical Education Grid activities

GoNoodle – Dance Fitness	Mindfulness and	Create your own outdoor/indoor games	Obstacle Course	
Participate in dance fitness using	meditation	-Hopscotch: Use charcoal, chalk or tape to mark out a Use items that you find around		
the GoNoodle app for devices or	Complete a mindfulness	hopscotch course	home and yard to create an obstacle	
the website.	activity card and practise	- Elastics: use a long elastic to play	course.	
	some mindful breathing.	- Bowling: use bottles of water as the pins and any ball	Complete it a few times and time	
Free app download: GoNoodle		(You can add a glow stick to each bottle and play at night-	yourself. What is your fastest	
Kids	Find a quiet space and	time!)	completion time?	
	listen to some guided	- Throwing and catching games: use a balloon or water	Create a new course and time yourself	
Videos Free website access:	meditation for children.	balloon - Play a virtual sport game on your	to complete it.	
https://family.gonoodle.com/		Xbox/Playstation	Challenge your family members. Who	
	Website:	- Scavenger hunt: have someone hide items around the	records the fastest time?	
Alternatively, play your favourite	https://www.youtube.com	home or yard for you to find	Items you might use: balls, gym balls,	
songs and dance away! You may	/watch?v=DWOHcGF1Tmc	- Hand tennis/ping pong: use a small ball and something as	skipping ropes, hoops, rope ladder,	
like to play musical chairs, limbo		a net (boxes, rope) to play hand tennis/ping pong	buckets, trampolines, boxes, etc.	
or musical statues with your		- Mini golf: use a ball and something to strike it with and	Add fitness activities such as: do 10 star	
family.		guide it into a hole/goal	jumps, 5 leaps, 3 running laps, 2 push	
		- Skee ball: use different sized buckets/containers (worth	ups, 6 ball tosses, 5 ball dribbles etc	
		different points) and a small ball		
PE with Joe	Access Cosmic Kids Yoga	Wall-Ball games	Ball game	
Ask an adult to search 'PE with	https://www.cosmickids.co	Play ball games against a wall. You may like to: kick a ball	Complete physical activity that involves	
Joe' on Youtube and access one	m/	to the wall, throw a ball and catch it back, bounce it to the using a ball. You might play		
of the daily kid's workouts.	Select a yoga experience	wall	practise ball skills for this game.	
Alternatively, create your own	from the tab at the top of	and catch it back, use a racquet or bat to strike a ball to the	Some examples include: hand ball,	
home fitness workout. For	the page 'Watch the	wall, etc.	basketball, netball, cricket, softball,	
example: 10 jumps, 10 star	episodes'. Yoga	Challenge: How many times can you throw/bounce/kick a	football, oztag, tennis, volleyball.	
jumps, 10 side steps, 10 hops, 2	experiences include:	ball to the wall continuously without dropping it or missing	Tip – use a net or bucket as a hoop to	
push ups, repeat.	Frozen, Star Wars,	it?	shoot balls into	
	Minecraft, etc	Tip: Find a safe area away from windows and breakable		
		items!		
Free choice	Ride along	Visit your local park	Walking or jogging	
Complete 30 minutes of your	Complete physical activity	Walk to your local park and complete physical activity	Go for a walk or jog with an adult (and	
own choice of physical activity.	on something you can ride	there.	your dog if you have one!) around your	
	or that has wheels. Eg.	Activities might include: Frisbee, ball games, running	neighbourhood or local park. Challenge	
	scooter, bicycle, roller	games, riding a bike, chasing games, etc	yourself by choosing paths that have	
	skates/blades, skate board		hills or stairs.	



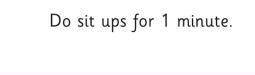






Stretch your left hand high, then touch your right foot. Now stretch your right hand high, then touch your left foot. Repeat as many times as you can in 1 minute.



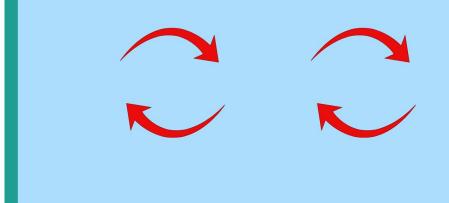




Jump up and down on all fours, like a frog. Do this for 1 minute.



Hold your arms out straight in front of you. Move them so that your hands trace a circle in the air. Do this for 1 minute.



Brain Break Breathing



Bubble Breaths

Breathe in deeply and form a bubble in your mouth. Your cheeks should be puffed out. Blow your bubble out of your mouth and push it away from you by blowing out hard and strong. Do this slowly and picture your bubble floating away. Keep breathing in and out deeply. Close your eyes and think about where else your bubble could go. Can you blow it far away? Can you blow it to a friend? Imagine your bubble is returning to you. Open your mouth and catch it for next time. Repeat.







Brain Break Breathing

Bumble Bee Breaths

Open your hands out with the palms facing towards your face. Place your thumbs over your ears and your fingers over your eyes. Close your lips with your teeth slightly apart. Inhale deeply through the nose and breathe in. Count silently 1, 2, 3, 4, 5. Exhale slowly through your mouth and make a humming sound like a bee. Count silently 1, 2, 3, 4, 5. Repeat.



Brain Break Breathing

Balloon Breaths

Sit comfortably on the floor with your legs crossed in front of you. Imagine that there is a big balloon in your belly. Place your hands over your belly. Take a big deep breath in, sitting up straight, and make your belly puff out as if it was a balloon filling with air. Then slowly exhale like you are letting the air out of a balloon a little at a time. As you let the air out, slowly roll your

shoulders and bend forward. Repeat.

Brain Break Breathing

Starfish Breaths



Sit on the floor with your legs comfortably crossed in front of you. Open your left hand and extend it slightly in front of you so it looks like an open starfish. Take your right hand and extend your pointer finger. Beginning with your left thumb, take your right pointer finger and go up the outside thumb while taking a deep breath in. Go down the inside of the thumb and breathe out deeply. Continue the deep breathing in while going up each finger and exhaling when going down each finger. Once you are finished, switch hands and repeat.



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Brain Break Breathing

Waxes on the Ocean Breaths

Lie back gently on the floor with your feet out in front of you. Place your hands on your stomach. Breathe in through your nose and feel your hands rise up. As you slowly exhale, feel your hands go back down. Pretend that your stomach is a wave in the ocean and your hands are a sailboat. Each time you breathe in, the sailboat goes up on the waves, and each time you breathe out, the sailboat goes down on the waves. Repeat.



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Brain Break Breathing

Sun Breaths



Sit on the floor in a comfortable position. Close your eyes and take some slow deep breaths in and out. Picture a bright, shining sun smiling at you. Feel the sun on your face. Breathe slowly and let the sun warm your face. Imagine the sun warming your shoulders and back. Imagine the sun warming your arms. Continue to breathe in and out slowly and calmly. Imagine the sun's warmth spreading to your legs. Finally, feel the warmth all the way in your fingers and toes. Slowly stretch your arms overhead and your legs and feet out in front of you. Take a deep breath in and bend over towards your feet. Slowly exhale and sit back up. Take one more deep breath in and out and slowly open your eyes.

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Brain Break Breathing

Rainbow Breaths

Stand with your feet shoulder-width apart, arms gently resting by your sides. Slowly raise your arms and take a deep breath in. Try to breathe in until your hands reach each other over your head. Breathe out slowly while lowering the hands. Visualize the beautiful rainbow you are making. Repeat 5 - 10 times. Each time you breathe in, imagine you are adding another color to your rainbow.

What colors are you adding to your rainbow? Once your rainbow is done, slowly open your eyes.

Brain Break Breathing

Bufferfly Breaths

Sit on the floor with the bottom of your feet touching and your knees bent out to the sides. Put your hands on your ankles and gently bounce your knees like you are flapping butterfly wings. Close your eyes and breathe slowly and calmly. Be sure to take slow deep breaths in and out. Pretend you are flying to your favorite place in the whole world. Imagine what it looks like. What do you see? What do you hear? What does it feel like? Imagine you are flying around, and you are happy and calm. Now it is time to fly home,

slowly flap your wings back home. Take a deep breath in



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I live in a hive.		 	
I make honey.			
I can sting you.			
l am a	bee!		



I have large back legs.

I can hop a long way.

I make music with my legs.

l am a.....grasshopper.



I come on hot nights. I buzz in your ear. I bite and suck your blood.

l am a....mozzie.



l was once a caterpillar.

I now have colourful wings.

I flutter in the flowers.

l am a....butterfly.



I have four wings.

I can fly up and down and side to side.

I look scary but I am harmless.

l am a.....dragonfly.

