

Nutrition Snippet

FRIDAY NIGHT FAKEAWAYS.



Our 'fakeaways' are good for health and for the wallet!

- Easy pizza - you have to try this recipe to believe how easy it is!
- Mixed salad - make the meal complete with this simple salad



3.5 of your 5 veg serves!

For these recipes and more visit:

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box